

San Antonio Independent School District



# Student - Parent Athletic Handbook

2023-2024



# San Antonio Independent School District Athletic Department

## Our Mission

To engage our coaching staff every day through constant communication, motivation and encouragement to create a positive and meaningful athletic experience for our student-athletes and coaches.

## Our Vision

To create an Athletic Department that provides our coaches and student-athletes with the resources and opportunities needed to be successful at the highest level possible.



# THE SAISD PARENT

## Communication Coaches Expect from Parents

Concerns expressed directly to the coach.  
Notification of any schedule conflicts, illness or injury in advance.  
Avoid using SOCIAL MEDIA negatively towards coaches, school administration, other students and/or athletic programs.

## Appropriate Concerns to Discuss with Coaches

Coach's interaction with your child or interaction with others.  
Ways to help your child improve athletic skills.

## Topics Left to The Coach's Discretion

Playing time  
Play calling  
Team strategy  
Other student/athletes

## Parent-Coach Meeting Procedure

Call the school and ask for the coach's extension.

Request a meeting.

If the coach is unavailable, call the Campus Athletic Coordinator and request a meeting to be arranged.

**DO NOT** confront a coach before, during or after practice or game.

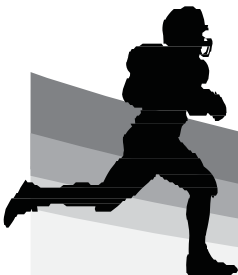
Meetings of this nature usually do not promote positive resolutions.

## If The Issue Is Not Resolved, Follow This Protocol

Call the Campus Athletic Coordinator

Call the District Athletic Department

Call the Campus Principal



# THE SAISD ATHLETE

There are many advantages of being a member of an athletic team in the San Antonio Independent School District. In fact, there are so many that it would be difficult to list them all. However, there are some realities each athlete needs to be aware of before accepting the challenge of becoming a student athlete for his or her school, such as;

1. You must pass to be eligible to play and are expected to excel in the classroom.
2. Training rules may cramp your social life. Sacrifices will be necessary.
3. You will have to practice every day, either before or after school, Saturdays and possibly holidays.
4. You may practice and never get to start or have limited playing time.
5. Do not expect favors because you are an athlete; expect a challenge.
6. You will be expected to be well-behaved on and off the field. What you do off the field may get you dismissed.
7. You must be enrolled in SAISD.
8. Per UIL Rule; gender is determined by the gender listed on student's birth certificate.

**Students have the right to equal access to sports and extracurricular activities and are expected to follow the SAISD Student Code of Conduct.**



# STANDARDS / EXPECTATIONS

1. No fighting, profanity, or trash talk. Remember, people don't see you; they see the school's name across your chest. Ejections may result in suspensions from future athletic contest.
2. Truancy is unacceptable. Go to class!
3. Use of jewelry or piercings will be determined by UIL rules.
4. Go to practice. There are very few acceptable excuses to miss a practice.
5. Any athlete who quits at will not be allowed in another sport until the sport he or she quit has finished or has received the consent from all coaches involved. Also note that any athlete who quits or is dismissed from a sport forfeit that sport's athletic award.
6. If a student becomes academically ineligible for two consecutive 9-week grading periods, they may be dismissed from athletics. The student can be reinstated when academic stability is demonstrated.
7. **NO HAZING/BULLYING.** This includes any activity intentionally taken in which any student(s) humiliates, degrades, or physically or mentally abuses any other student. This includes **SOCIAL MEDIA.**
8. Engaging in indecent exposure of private body parts or sexual conduct in locker rooms, playing fields/courts, or while on athletic trips will not be tolerated. This includes inappropriate use of cell phones and **SOCIAL MEDIA.**
9. UIL guidelines will be followed for player ejections. However, the coach has the authority to extend the punishment.
10. A high school who **“intentionally, knowingly, or recklessly causes bodily injury”** to a contest official or judge will be suspended from all UIL activities for a minimum of two years.



# VARSITY STUDENT-ATHLETES LETTERING CRITERIA

An athletic letter award (letter or jacket) should require serious sacrifices on the part of the student-athlete. The school letter should be a symbol of not only school pride, but also of hard work and dedication in the classroom and on the playing field/court. If they are handed out as “favors,” then the value of the award is diminished for all who have earned their jacket the right way. If sacrifices were not made, then the athlete does not deserve it. In order to receive an athletic award each athlete must participate and complete the season in good standing on the varsity team at the level listed.

*By UIL rules, each athlete can be awarded one (1) letter jacket during his/her high school career.*

FOOTBALL	6 or More Games
BASKETBALL	14 or More Games
TRACK/CC	4 or More Meets + District Meet
VOLLEYBALL	14 or More Matches
BASEBALL	13 or More Games
SOFTBALL	13 or More Games
SOCCER	10 or More Games
WRESTLING	6 or More Tournaments + compete in Regionals in one season. Or, two seasons of Varsity Competition to include 10 tournaments.
TEAM TENNIS	60% or More Matches
INDIVIDUAL TENNIS	4 or More Tournaments + compete in Regionals in one season. Or, two seasons of Varsity Competition to include 8 tournaments.
GOLF	4 or More Tournaments + compete in Regionals in one season. Or, two seasons of Varsity Competition to include 8 tournaments.
SWIMMING/DIVING	5 or More Meets + compete in Regionals in one season. Or two seasons of Varsity Competition to include 9 meets.
STUDENT TRAINER \ MGR	2 Varsity Seasons

AND/OR have the unreserved recommendation of the Athletic Coordinator and the head Coach of the varsity sport participated in.



# SAISD PARENT CRITICAL INFORMATION

## U.I.L. TRANSFER POLICY

A student who changes schools for athletic purposes is not eligible to compete in varsity athletics at the school to which he or she moves for at least one calendar year, even if both parents move to the new school attendance zone. The District Executive Committee for the district into which the student moves shall determine when or if the student who moves for athletic purposes becomes eligible. A student attending a school outside the attendance zone where the parents reside would not be eligible for varsity athletics for one calendar year. A student who changes school for non-athletic purposes must be enrolled and in regular attendance for 15 or more calendar days before becoming eligible for varsity athletics. The student becomes eligible on the 15th day unless he/she enrolled within the first 6 days of school. An Intra-District Transfer occurs when a student has an option to attend more than one high school within a school district, rather than being assigned to a school according to attendance zones. A student is eligible at the school first selected if he or she transfers at the first opportunity (beginning of 9th gr. school year. A Previous Athletic Participation Form (PAPF) is also required if the student has participated or practiced in athletics in grade 8-12 at another school. This form must be approved by the District Executive Committee before they are eligible to participate at the varsity level. Approval is not guaranteed.

## ADVANCED COURSE UIL WAIVER

With the goal of having all student participate in Advanced Academics experiences in their school career, this policy is designed to encourage students to take academic risks by providing a waiver to UIL disqualification due to a failing grade. Students are expected to make progress in raising their grade to continue to receive a waiver for an advanced course. This waiver is subject to the following conditions:

- The student has earned a grade of 50-59 at the end of the grading period.
- The student does not have multiple zeros in the waived course.
- The student's attendance is in good standing in the waived course.
- The student's discipline is in good standing in the waived course.
- The student is participating in tutorial opportunities in the waived course.



# SAISD ATHLETIC INSURANCE STATEMENT

SAISD provides an athletic injury insurance policy for those students participating in UIL athletics. If your son/daughter requires medical attention because of a school related athletic injury, you should contact one of the SAISD Athletic Trainers. The athletic trainer will need to evaluate the injury in order to gather information prior to completing the athletic insurance claim form. SAISD will not assume financial responsibility for any medical bills regarding an athletic injury. If the parent/guardian has insurance on their student, the athletic insurance is the secondary insurance. If the parent/guardian does not have insurance on their student, the insurance will become the primary insurance. The athletic insurance does have limits; therefore, filing an athletic insurance claim does not guarantee full payment of medical bills. Any remaining balance will be the sole responsibility of the parents or guardians. Non-school related injuries are not covered by the SAISD athletic insurance.

## SAISD ATHLETIC TRAINERS

SAISD employs Licensed Athletic Trainers. These health care professionals are responsible for the athletic health care of our student athletes that participate in UIL sports. If one of the SAISD Licensed Athletic Trainers suspects that athletic participation would jeopardize the health and welfare of a student-athlete, the Athletic Trainer may prohibit the student-athlete from participating in sports.

## SPECTATOR BEHAVIOR

- Spectators removed from an athletic event or have exhibited inappropriate conduct **will receive** a minimum one game suspension. The Athletic Department has the authority to extend the suspension beyond one game, including permanent dismissal.
- A spectator who assaults a sports official will be prevented from attending any future UIL activity for a minimum of two years.

## NON-SCHOOL SPONSORED CLUB SPORTS

It is the expectation of SAISD Athletic Coaching Staff that school-sponsored sports take precedence over non-school-sponsored club sports. Failing to follow this expectation may result in suspension or dismissal from the school-sponsored sport.





# 10 THINGS KIDS WISH PARENTS WOULD NOT DO

## 1. Do not yell out instructions at me.

During the game, I am trying to concentrate on what the coach says and working on what I have been practicing. It is easier for me to do my best if you save instructions and reminders for another time.

## 2. Do not put down the officials.

This embarrasses me and I sometimes wonder whether the official is going to be tougher on me because my parents yell.

## 3. Do not yell at me in public.

It will just make things worse because I will be upset, embarrassed, or worried that you are going to yell at me the next time I do something “wrong.”

## 4. Do not yell at my coach.

When you yell about who gets to play what position, it just stirs things up and takes away from the fun.

## 5. Do not put down my teammates.

Do not make put-down remarks about any of my teammates who make mistakes. It takes away from our team spirit.

## 6. Do not put down the other team.

When you do this, you are not giving us a very good example of sportsmanship, so we get mixed messages about being “good sports.”

## 7. Do not lose your cool.

I love to see you excited about the game, but there is no reason to get so upset that you lose your temper! It is our game and all the attention is supposed to be on us.

## 8. Do not lecture me about mistakes after the game.

Those rides home in the car after the game are not a good time for lectures about how I messed up – I already feel bad. We can talk later, but please stay calm, and do not forget to mention things I did well during the game!

## 9. Do not forget how to laugh and have fun.

Sometimes it is hard for me to relax and have fun during the game when I look over and see you so tense and worried.

## 10. Do not forget that it is just a game!

Odds are I am not going to make a career out of playing sports. I know I may get upset if we lose, but I also know that I am usually feeling better after we go get a coke. I need to be reminded that it is just a game.

I, the undersigned, have read and fully understand the San Antonio Independent School

District's Student-Parent Athletic Handbook and agree to comply with it.

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Student Athlete's name PRINTED

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Student Athlete's Signature

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Date

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Parent/Guardian Signature

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Date

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Athletic Coordinator's Signature

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Date

**IN ADDITION TO THE ONLINE SIGNATURE, THIS PAGE MUST BE SIGNED BY THE STUDENT AND PARENT/GUARDIAN, AND RETURNED TO THE HEAD COACH BEFORE PARTICIPATION IS ALLOWED.**

